



Lüster Project

SYHA
LiveWell

Mental health

2A Basegreen Road, Sheffield, S12 3FH

What can I expect at the Lister Project?

The Lister Project is a warm and inviting home for customers who have enduring mental health.

At the Lister Project you'll have the independence, security and privacy of your own home, with all support you need during your recovery. We offer:

- A spacious bedroom in one of five shared accommodation houses
- Bathrooms, kitchen, dining room and lounges all finished to the highest standard
- Beautiful communal gardens complete with a summer house
- 24-hour support from experienced staff
- A personalised outcome plan

Life at the Lister Project

Customers at the Lister Project enjoy a rich and active social life. All of our activities are designed to give you the confidence and resilience to live independent. You can get involved in:

- Healthy cooking sessions
- Walking groups
- Volunteering
- Computer training
- Gardening
- Arts and craft sessions
- Day Trips

You'll also find music is an important aspect at Lister – let us know what songs you like and we'll put them on!

Flexible care and support

The Lister Project has an on-site team of specialist staff available 24-hours a day. As a customer you'll regularly meet with your named keyworker who will ensure that you

are happy, your needs are met and the appropriate care and support is being delivered.

If you like we'll also build in regular contact with your family, friends or carers.

The benefits of living at the Lister Project

Living in residential housing can have a positive impact on your health and wellbeing. We'll work with you to:

- Develop new friendships and social activities
- Participate in the wider community
- Discover new skills and talents
- Build the confidence you need to live independently

Eligibility and applying for a place

The Lister Project is owned and managed by South Yorkshire Housing Association and is part of our LiveWell group of services across South Yorkshire.

Our LiveWell services help people to settle at home, live well and realise their potential and that's what the Lister Project is all about.

To be eligible for a place at the Lister Project you must be on the Care Programme Approach and have contact with a care team.

Referrals are accepted from local Community Mental Health Teams and hospitals.

To find out if you are eligible for a place call us at the Lister Project and talk to one of our friendly team on **0114 2652016**.

Mental health support at the Lister Project is just one of the many services we offer across South Yorkshire at LiveWell. For more information visit

www.syha.co.uk