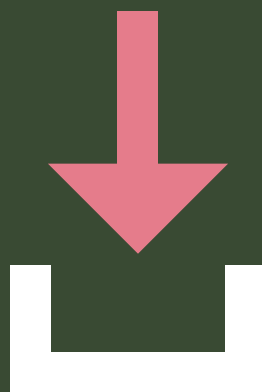




Stronger Together

**A co-production toolkit
from Ageing Better**

Toolkit user guide



**Welcome to Stronger Together –
the Ageing Better co-production toolkit.**

**Co-production is about people coming
together to find a shared solution
or achieve a joint aim.**

**If you're using co-production to involve
people in the design of services that
impact them and their communities,
then this toolkit is for you.**

This guide will be useful if you are completely new to using the toolkit or want to gain confidence using it.

Our learning guides highlight resources which are useful for different types of toolkit audiences.

The three main types of toolkit users have been identified as:

S

Strategic leaders/change makers: You might be a funder, a local authority leader, a service lead or programme manager, a policy maker, a head of an organisation or network, or driven to implement change.

D

Working in an operational/delivery role: You could be a community development worker, a delivery partner, part of a service design or delivery team, or a champion of co-production wishing to integrate it into your way of working.

G

Part of a grassroots community: You might lead or be involved in a community group, be an individual interested in working with people using a co-production approach, a community activist, or someone with lived experience wanting to share your knowledge and insights.

Why use the toolkit?

This toolkit contains learning and insights from hundreds of people across the country, based on more than six years of co-production work.

It has been co-created with these individuals and aims to be fully accessible. As a one-stop resource, the content is transferable to a diverse range of people, places and projects.

Our insights cover a wide range of topics:

- Creating a co-production culture **S D G**
- Community development through micro-funding **D G**
- Tackling ageism through co-production **D G**
- Age-friendly business **S D**
- Age-friendly communities **S D G**
- Co-production with coastal and rural communities **D G**
- The impact of co-commissioning **S D**
- Empowering communities through partnership working **D G**
- Social prescribing **D G**
- Co-researching with the community **D G**
- Growing sustainable groups **D G**
- Diversity and inclusion **S D G**
- Creativity in co-production **D G**
- Asset-based community development **S D G**
- Co-production in a crisis **S D G**

- S** Strategy
- D** Delivery
- G** Grassroots

What actually is the toolkit?

The toolkit is made up of two parts – an overview PDF document and a resource library.

The PDF is a great place to start if it is your first time using the toolkit. You can read this document to understand what co-production is, the values and principles of true co-production, who benefits from working in this way, who Ageing Better are, and most importantly, a description of each of the topics covered by the resource library.

The resource library is where you will find all of our learning!*

It is an online platform containing hundreds of stories, tools and resources on the co-production topics outlined above – all available at your fingertips. The stories bring people's involvement to life, the tools are practical insights that you can use within your own co-production activity and the resources are the learnings we have pulled together in order to share our experiences.

*While the Ageing Better programme focuses on reducing isolation and loneliness among people aged 50 and over, all of the co-production learning and resources featured in the learning guides and toolkit are transferable across all community groups and areas of working.



Our comprehensive co-production toolkit, **Stronger Together**, contains the information mentioned in this guide, plus many more resources.



In our **webinar recordings**, topics and themes surrounding co-production are discussed in more detail.

How can I access the resource library?

Go to page 34 of the PDF and click on the link.

It can be useful to open the library in a new tab of your internet browser (right-click and select 'Open Link in New Tab') so that you can easily refer back to the PDF if needed.

How do I navigate around the resource library to find what I need?

Click on the resource folder for the theme you are most interested in. You can then take a look at the contents page to see the resources available for that theme, or you can simply browse around! Each theme has been divided into three types of information; resources, stories and tools.

When browsing, you may find it easier to use 'list view' instead of 'tile view'. To change between views, click on 'all documents' towards the top right corner.

To go back and look at a different theme, click on the 'Stronger Together' button near the top of the page.

How can I download a resource?

There are two ways – if you are viewing the resource on your screen, you can click on the download button in the top left corner.

If you are viewing the list of resources and already know which one you'd like to download without opening it, you can click on the three dots that appear when you hover over the file name and then select 'download'.

How can I share this toolkit with others?

We would love for you to share this toolkit far and wide – it is a completely free resource designed to be used by a range of different people.

The best way to share the toolkit with others is to:

- Send them this user guide or the introduction PDF
- Upload a copy of the toolkit to your website so that it can be discovered by an even wider audience

Who can I contact if I have further questions about co-production or the toolkit?

Feel free to get in touch with customercollaboration@syha.co.uk

Take a look at our other learning guides in this Stronger Together co-production series:



2 What is co-production?



3 Principles and values of co-production



4 Creating a co-production culture



5 Asset-based community development



6 How to grow sustainable groups



7 Increasing diversity of inclusion



8 Co-production in research



9 Developing a co-commissioning model