



LiveWell at Home

Over 55s

LiveWell

South
Yorkshire
Housing
Association



What is LiveWell at Home?

LiveWell at Home is a free service for anyone aged 55 or over who lives in Sheffield. We offer a range of flexible support on anything related to housing or health, including:

- Support following discharge from hospital or an offsite bed.
- Maximising income, applying for grants and benefits, and managing debt.
- Help to access health services such as GP or dentist.
- Finding a new home, including help to move and resettle.
- A 17-point 'Home Check' which identifies issues like hoarding, damp, repairs and potential adaptations.
- Mental health, in particular Dementia.
- Ensuring that no-one in Sheffield feels lonely or isolated.
- Help to quit smoking and cut down on alcohol.

Our main aim is to give you the confidence you need to live independently in your own home.

Flexible support

Our teams are based in local communities across Sheffield. We can meet with you wherever you

feel most comfortable, that can be your home or somewhere else. And if you'd prefer to meet outside office hours we're flexible to what works best for you.

Because we're based in the community we work with a range of other local organisations who we can signpost you to.

If you're receiving support from LiveWell at Home, you'll be able to receive referrals to services like counselling, home safety checks and alcohol support.

A little bit about us

LiveWell at Home is managed by South Yorkshire Housing Association, and is part of our LiveWell services based across South Yorkshire.

Eligibility

Anyone aged 55 and over living in Sheffield can access our free support. You can refer yourself, a friend, neighbour or family member by contacting us.

Find out more

Email: livewellathome@syha.co.uk
or call 0114 290 8359.

Visit www.livewellathome.org.uk