



# Promoting Independence

LiveWell Project

**LiveWell**

South  
Yorkshire  
Housing  
Association



## **What is the LiveWell Promoting Independence Project?**

LiveWell: Promoting Independence is a partnership between South Yorkshire Housing Association, Abbeyfield Grange and Together for Mental Wellbeing, and is commissioned by Sheffield City Council.

The project provides recovery focussed support with people aged 18 – 64 to make the transition from 24/7 residential care, to their own home. There are currently around 120 people in the residential care system that could benefit from the project.

The delivery model has been extensively co-designed with those who have direct experience of the residential care and wider mental health system. **One to one support** is provided for up to 9 months prior to the move out of residential care, and for up to 24 months after the move.

### **About our team**

Our team is from various backgrounds, such as Counselling, Housing, Occupational Therapy and Social Work.

We will focus on recovery, using a strength-based approach to

enable residents to feel ready to leave a 24/7 setting. We will also...

- Provide strengths based assessment and motivational interviewing training for all residential care home staff in existing services
- Work with our customers to take a more active role in their own support
- Share our approaches and experience with other providers in the care system
- Utilise our knowledge of the housing sector, and our access to clinical support, to provide a holistic service for our customers

### **Eligibility and referral information**

Every resident in 24 hour residential care homes funded by Sheffield City Council is eligible for this project. The first stage is to complete an Expression of Interest Form which can be requested via the contact details below:

[promotingindependence@syha.co.uk](mailto:promotingindependence@syha.co.uk)  
[syha.co.uk/promoting-independence](http://syha.co.uk/promoting-independence)

or call: 0114 290 0200