



Westmeads LiveWell Centre

Older people

LiveWell

South
Yorkshire
Housing
Association



What do we offer?

Westmeads LiveWell Centre is a community centre for older people based in Royston, Barnsley. Our centre is a comfortable place for you to relax, try new things, and meet new people.

All of the activities we run have been chosen by our customers and focus on two main things – having fun and supporting your health and wellbeing.

What sort of things can I do?

At Westmeads LiveWell Centre you can get involved in lots of different activities which have all been chosen by our customers. If you've got something you want to try just let us know!

Below is a small taster of just some of the things you can get involved in:

- Coffee mornings – don't worry, the biscuits are on us!
- Spend time in our beautiful garden and have the opportunity to help maintain it
- Masterclasses on how to use computers
- Advice sessions on housing and money
- Activity and regular craft sessions

The Turnaround Café

Our award winning Turnaround Café is a great place to spend time with friends and enjoy some delicious food. You won't have to worry about cooking, just sit back, relax and choose from the range of dishes on offer.

How do I get involved?

A full day at Westmeads LiveWell Centre is priced at £32.40. This includes full use of all the services and support we offer and if you contact Barnsley Council they may pay for your visit depending on your individual circumstances.

Extras such as a visit to our on-site hairdresser and transportation are also available and are charged at a low rate.

About LiveWell

Westmeads is owned and managed by South Yorkshire Housing Association and is part of our LiveWell group of services, working with people to settle at home, live well and realise their potential.

Find out more

Call 01226 702 033
email westmeadstaff@syha.co.uk
or visit www.syha.co.uk