



Whitfield House LiveWell Centre

Older people

LiveWell

South
Yorkshire
Housing
Association



What do we offer?

Whitfield House LiveWell Centre provides day services for people aged 65 and over in Glossop, Derbyshire. Based inside a stunning 19th century manor house the centre is designed to be a place you can come for the day, relax, meet new people and get involved in a range of activities.

All of the activities we offer are selected by our customers and focus on two the five ways to wellbeing: giving, keep learning, be active, take notice and connect.

What sort of things can I do?

At Whitfield House LiveWell Centre you can get involved as much as you like – if you'd like to put your feet up and relax our scenic gardens are the perfect place to unwind.

Below is just a small taster of the range of activities you can get involved in:

- Your choice of entertainment, activities and events
- Arts and crafts groups
- Armchair exercises
- Quizzes/reminiscence
- Health and beauty sessions

Why spend the day with us?

We promise that by spending the day with us you'll enjoy yourself, feel relaxed and maybe even learn something new. Whether you want to get involved in activities or even just spend some quiet time in our garden, it's completely up to you.

Eligibility and applying for a place

If you are interested in finding out more book a free taster day by calling 01457 856 772. There is a cost to attend the centre, however, you may be eligible for funding for this service through the local authority. You can ask for an assessment of your needs by contacting Call Derbyshire on 01629 533 190.

A full day at Whitfield House LiveWell Centre includes tea and toast on arrival a freshly cooked hot meal in our restaurant at lunchtime, a take home tea and full use of all our facilities for the day. We also offer a half day rate and rates that do not include a meal at lunch time.

Find out more

Call 01457 856 772 to arrange a visit. We can arrange transport for your journey if necessary.