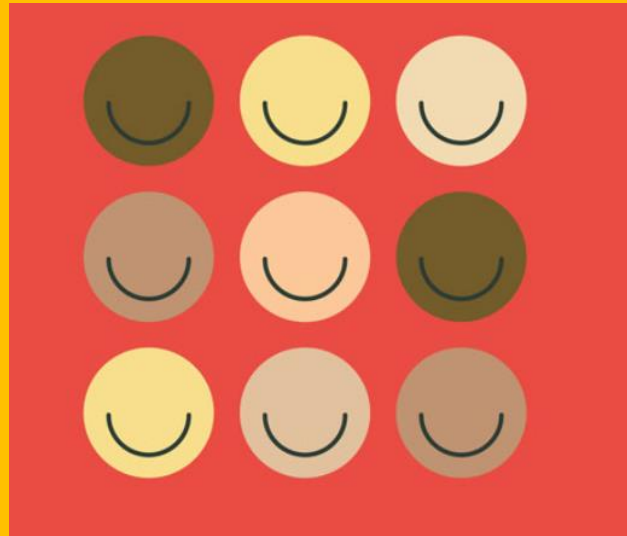


# A Changing Futures introduction to Co-production in Practice



## Training information pack For Sheffield support services

# What is Co-production?

“The term co-production refers to a way of working where service providers and users work together to reach a collective outcome.

The approach is value driven and builds on the principle that those who are affected by a service are best placed to help design it.”

**Source: Mind**

# Changing Futures Sheffield Co-production & Peer Support

*South Yorkshire Housing Association, in partnership with Crisis, are currently delivering the Changing Futures programme's coproduction and peer support service.*

**Co-production** means that together we can increase the influence of people with lived experience on the design and delivery of services; and the city's overall strategy and approach to multiple disadvantage.

**Peer Support** increases the number of ways in which people experiencing multiple disadvantage can benefit from support from empathetic and credible role models.

# Why co-production training?

At Changing Futures Sheffield co-production underpins everything that we do to improve systems and services.

Our Lived Experience Associates are involved at every stage. This is a journey of “*test and learn*” which can sometimes be a messy process, but co-production is often misunderstood as being too complicated to achieve.

Our training mission is therefore to..



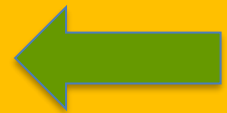


Help *you* to put co-production at the heart of what you do and support the development of your own co-production journey.

Afterall, we know it makes such a difference!



Our co-production work so far..



# Why take part?

As a service provider or affiliated partner who directly or *indirectly* supports people with multiple disadvantage, we know that enhancing people's lives is important to you.

Valuing real life experience and truly listening to what people need rather than what we think they need, means working with our service users rather than “doing to” them.

Co-production is the approach that enables us to do this in a reciprocal way.



# Our ultimate training aims are..



To help services champion co-production as an approach that enables everyone to work together towards a common purpose.

This training has been co-created with our Lived Experience Associates to enable services across Sheffield to feature, develop & embed co-production as a standard of good working practice, through the great work that they do, in a way that works well for everyone involved.



During this **free one-day online introductory session** our team of facilitators will share **Changing Future's approach to co-production**, explain how we've overcome some of the challenges, and demonstrate ways in which *everyone* can come together to collaborate at any stage of the process.





A key focus of this training is to develop a consistent approach to co-production in practice; providing a range of **tools, techniques and resources**, which services can tap in to on a day to day.

The session is in 3 parts:-

Part 1: Setting the foundations

Part 2: Creating the culture

Part 3: Embedding co-production in practice.



**At the end of the training our hope is that you can fully appreciate what co-production is, what it isn't, and the real benefits of embedding a co-production approach on a day to day.**

# Part one: setting the scene

- Defining co-production in theory and in practice
- The application of co-production across Sheffield services
- Understanding the ladder of participation & spectrum of involvement.
- The value of lived experience in co-production.



# Part two: creating the culture

- **Setting the environment for good co-production to happen**
- **Confronting the challenges with inclusive conversations**
- **Collaborating through listening, communication & curiosity.**



# Part three: co-production in practice

- A real-life **co-design activity** to test out co-production in practice
- Implementing a **strengths based, solution focused** approach
- Committing to your **co-production plan of action** for the future.



# How this training is offered

1. A **pre-assessment questionnaire** will help you and *us* to establish where you currently are on your co-production journey.

2. We will **adapt your training experience** to meet you where you are at, ensuring all Sheffield services are on the same page.

3. We offer a **post session audit** to help you implement your learning and provide time and space to reflect and review your actions & outcomes.



# Booking your training is simple..

Simply contact Kate or Lowri at [ChangingFuturesStaff@syha.co.uk](mailto:ChangingFuturesStaff@syha.co.uk) to find out about upcoming training dates for 2024, book on a session, discuss in-person training for your team, or to ask any questions that haven't yet been answered.

We will send out in advance: your training confirmation, a pre training assessment, together with full joining instructions.

